



## Our Mission

**Tenuta Chatham Bay is catering to the rising popularity of the cannabis plant in the wellness industry by introducing cannabis-infused spa treatments.**

Our *Re-leaf SPA* offers a unique retreat for wellbeing in an authentic and preserved hills side, a serene and calming environment. Located on the pristine hills side of our luxury property, our spa is surrounded by lush green vegetation overlooking the crystal-clear water of Chatham Bay. The deluxe furnishing, coupled with the natural down to earth materials, simply give our spa the certain flair that you are looking for. *Re-leaf Medical SPA* focuses on the forces of nature, adapting to the outside environment, our spa uses the wisdom and the restorative effects of plants, flowers, and herbs in all treatments.



# re-leaf

MEDICAL CANNABIS  
SPA

Discover our services





## What is this?

A **CBD** and **THC** massage involves the use of **CBD** (Cannabidiol) and **THC** (Tetrahydrocannabinol) oil Products derived from cannabis sativa plant.

The **CBD** and **THC** combine are the perfect combination to cure high levels of stress, inflammation, chronic pain and fibromyalgia, skin disease and reducing anxiety or can help just to have a better night sleep.

Cannabis massage is right for everyone! since the cannabis is topical treatment does not enter in the blood stream.



## Benefits of Cannabis Treatments

1

**Natural pain relief:** A stand out benefit of massage lies in its potential for natural pain relief. By using mixtures and oils during a massage therapy treatment, you combine the many health benefits of cannabis with the relaxation and health benefits of massage. This interaction can help alleviate various types of pain, including muscle tension, joint pain, and inflammation, so whether it's chronic discomfort from conditions like arthritis or acute pain from a recent injury or intense workout, a cannabis oil massage can provide the much-needed relief.

2

**Soothing stress and anxiety:** Cannabis Oil helps to ease and relax your muscles. Cannabis oil when used with massage can help to potentially lower cortisol levels, the primary stress hormone, thereby promoting relaxation and stress reduction. The calming effects of the CBD oil can create a comfort, helping to melt away your worries and anxieties.

The anti-inflammatory effect of the THC oil allows the therapist to provide a deep tissue massage reducing the any inflammatory in your muscles.

3

**Enhanced skin health:** Rich in antioxidants and anti-inflammatory compounds, research suggest cannabis oil can help manage a range of skin issues, including acne, dermatitis, eczema dryness, inflammation and psoriasis when used topically in skin products like massage oils leaving your skin feeling nourished and refreshed post-massage.





## Discover our packages – For Relaxation and Pain Relief

We highly recommend booking your treatment in advance to ensure that your preferred time and services are available.



## Price list

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### **Full body Cannabis Massage – (USD 250.00 for 1hr)**

Gentle Full-body massage for those with a lot of tension. Relax and release muscle knots during this massage. We use premium Cannabis oils extract only from medical bio-Cannabis locally grown in Saint Vincent to massage on pressure points of the body. The heated warm oil helps soften and expand the muscle tissues and puts your body into a state of deep relaxation. Cannabis oil has many great benefits and can completely transform your massage experience.

### **Back, Neck and Shoulder Cannabis Massage – (USD 200 for 45 min.)**

Relax sore shoulders, neck and back with this cannabis treatment. This session is design for clients who wants to melt into a forty-five-minute massage of targeting what you need for a deeply healing experience. Easing stress and muscular tension in the back area resulting from a desk-bound or sedentary job. This massage provides a much-needed relaxation without the commitment of time.

## Three Days Cannabis Treatment – (USD 500 per day)

This package includes:

- An assessment from a certified doctor,
- Two massage treatment,
- Specialised medical supervision which will include an administered under tongue Cannabis tincture and Cannabis ointment application at various pressure points in your body.
- Access to the *Re-leaf SPA consumption area*



*More...*

Additional Spa services without  
Cannabis Oil

**Full body Massage –  
USD 160.00 for 1hr**

**Back, Neck and Shoulder Massage –  
USD 120.00 for 45 minutes**

